CHILD FRIENDLY GUIDE

CORONAVIRUS PANDEMIC
Coronavirus is an illness caused by a tiny little germ which cannot be seen with the eyes called a virus.
The virus enters the body through the following parts of the body when in direct contact with droplets from cough or sneeze of an infected person.

1. Mouth
2. Eyes
3. Nose
WHAT ARE THE SIGNS OF CORONAVIRUS

The signs of coronavirus can include fever, cough and shortness of breath. In more severe cases, infection can cause pneumonia or breathing difficulties.

The signs looks a lot like flu or common cold and appear 2-14 days after exposure. That is why anyone who shows these signs must test to confirm if it is coronavirus.
HOW DO YOU AVOID THE RISK OF INFECTION

1. Wash your hands with soap under running water regularly and avoid touching your eyes, nose and mouth with unwashed hands.

2. Cover mouth and nose with the bend of your elbow or tissue when coughing or sneezing. Dispose of used tissue immediately.
HOW DO YOU AVOID THE RISK OF INFECTION

3. Avoid close contact with anyone who has cold or flu-like signs

4. Tell mummy or daddy if you have difficulty in breathing so that you are taken to the hospital.
Proper ways of washing your hands:

- Wet hands with water.
- Apply soap.
- Rub hands palms to palms.
- Rub the back of each hands with fingers interlaced.
- Rub palms together with fingers interlaced.
- Rub with back of fingers to the opposing palms.
- Rub each thumb clasped in opposite hands.
- Rub the tips of fingers.
- Rub each wrist with different hands.
- Rinse with water.
- Dry thoroughly your hands.
- Your hands are now clean.
SOS Children’s Villages Ghana is concerned about the health and wellbeing of the children in our care. For this reason, we have taken steps to ensure that the risk of contracting the virus is on the minimal:

1. Handwashing and sanitizing materials are available at all main entrances. Our locations are enforcing proper handwashing and sanitization of hands before entry.
2. All large gatherings and meetings including community durbars, town hall meetings and trainings are on hold for the next 4 weeks.
3. All visits to our villages and programme locations by the public is on hold until further notice.
4. Children are encouraged to stay and play indoors within the Village unless it is urgent to go outside. Their movement will be guided by the SOS Mothers or the Alternative Care Advisor.
5. Each location has a designated area or quarantine room for unwell persons or suspected case.
6. Temperature of all staff and children will be checked regularly.
7. All locations are to use bleach for regular cleaning of floors and surfaces at the programme offices. Gloves, nose masks and hand sanitizers have been made available to each staff member at the location.
SOS Children’s Villages Ghana encourages all not to panic in these troubled times, practise good personal hygiene and follow the approved directions given by the Ministry of Health. Let us all stay safe.